PROGRAM THE REGENERATIVE CITY

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| **SAT 20** | **SUN 21** | **MON 22** | **TUE 23** | **WED 24** | **THU 25** | **FRI 26** |
| SETTING QUESTS | SEE & SENSE | SEE & SENSE | (RE)FRAME | ACT | INTEGRATE | EXHIBIT |
| 09.00 Arrival 10.00h Intro 11.00h Get to know the place.  | 09.30h Workshop Understanding Place & sensing research 11.00h Make teams & fieldwork | 09.30h Check-in & Feed forward10.00h Field work + Experts | 09.30h Check-in & Feed forward10.30h WorkshopMulti stakeholder field-building | 09.30h Check-in & Feed forward10.30 Field work + Experts | 09.00h **workshop** (AMS) | 10.00h Check-in11.00h Event preparation |
| 13.00h LUNCH collective | LUNCH self-organised | LUNCH self-organised | LUNCH self-organised | LUNCH self-organised | LUNCH self-organised | LUNCH EVENTExhibition  |
| 14.00h Check-in set intentions16.00 intro to regenerative practice | 13.30 Fieldwork 16.00h Sense making  | 13.30 Fieldwork 16.00h  Team Sense making/mappingPositionality reflection | 13.30 Fieldwork16h Workshop Reframing& Creating synergetic solutions | 13.30 Nature Experience & quest work16h Sense making | 13.00h Prepare16h Sense making  | 16.00h Reflection & integration |
| 18.30h DINNER collective | DINNER collective | DINNER collective | DINNER collective | DINNER collective | DINNER collective | DINNER collective |
| 19.30h Get to know each other20.30h Harvest & closing | 19.30h Story telling | 19.30h Story telling  | 19.30h story Telling | 19.30h Emergent  | 19.30h Emergent | Closing celebration  |

**Workshops**

**Regenerative Practice**

Learn the foundational frameworks, practices, and principles and apply them to your own context and the Western polders.

**Understanding Place**

How to understand the *genius loci* of place and its social, ecological, and economic dynamics, as a living whole. How to identify its potential for regeneration and resilience? How to build a bigger story that unites disciplines, interests, and sectors?

**Multi stakeholder field-building**

How to build strong relationships and motivation for collective action and learning with a group of diverse stakeholders?

**Reframing & Creating Synergetic Solutions**

Regeneration exists by virtue of our ability to create synergy between (apparent) contradictions. Learn core processes and competencies to resolve tensions, and overcome conflicting forces.

**Nature Experience**

Regenerative development works from an ontological entanglement between humans, land and nature. How to work in a practical sense with nature in a reflective practice for developing insight, resolve and belonging.